

Returning to School in the COVID-19 Era: Development and Transmission of the DMMP

The Safe at School Campaign of the American Diabetes Association (ADA) provides this series of recommendations and tips for parents/guardians in preparation for the return to school after nationwide school closures due to coronavirus. These recommendations seek to ensure a smooth transmission of safe diabetes management and care from home to school while recognizing the current reality of limited access to diabetes providers and other resources during the coronavirus pandemic.

ADA's first recommendation is to make sure your child's school nurse has an updated **Diabetes Medical Management Plan (DMMP)/provider orders** on file for the 2020-2021 school year. Below is a list of recommendations for the timely completion and transmission of your child's DMMP/provider orders to ensure your child receives optimal care upon returning to school.

- Schedule your child's next diabetes telehealth/in person visit now to develop or update your child's individualized DMMP/provider orders.
- School nurses are encouraged to facilitate a telehealth/in person visit between the family and provider to produce new or updated DMMP/provider orders if a current version is not available before the school year commences.
- In the rare event a telehealth or in-person visit with your child's provider is not possible prior to your child's return to school, the DMMP/provider orders on file for your child should be used until new DMMP/provider orders can be provided. Parents/guardians and school nurses should work together to obtain diabetes management updates from your child's provider such as changes in insulin dosage and self-management.
- If a new or updated DMMP/provider order is not available, a recent after-visit summary that includes information about your child's diabetes management may be a temporary option.
- Make sure to your child's diabetes provider has current email and regular mail information for you and the fax number for your child's school nurse so that the DMMP/provider orders and updates may be securely transmitted. If available, your child's DMMP/provider orders may be downloaded and printed from your diabetes provider's patient portal.
- Updates and adjustments to orders may be transmitted via secure email or fax by your child's diabetes team to the school nurse in accordance with applicable laws and regulations.